

**NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**AGE GROUP:** \_\_\_\_\_ **TEAM:** \_\_\_\_\_ **SEASON:** Fall Spring 20\_\_\_\_\_

1: Poor 2: Needs Improvement 3: Average 4: Good 5: Great

**TECHNICAL** The ability to efficiently perform a skill or soccer specific movement

**Goalkeeping**

Contour Catch	NA	1	2	3	4	5
Basket Catch	NA	1	2	3	4	5
Front Smother	NA	1	2	3	4	5
Diving	NA	1	2	3	4	5
1v1/Breakaways	NA	1	2	3	4	5
Crosses	NA	1	2	3	4	5
High Balls	NA	1	2	3	4	5
Distribution	NA	1	2	3	4	5

**Other Abilities**

Short Passing	NA	1	2	3	4	5
Long Passing	NA	1	2	3	4	5
Receiving	NA	1	2	3	4	5
Goal Kicks	NA	1	2	3	4	5
Punting	NA	1	2	3	4	5
Ball Control	NA	1	2	3	4	5
Composure	NA	1	2	3	4	5
Interceptions	NA	1	2	3	4	5
Heading	NA	1	2	3	4	5

**Comments:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**TACTICAL** Actions performed by player/group to take advantage of an opponent

Starting Position	NA	1	2	3	4	5
Attacking Principles	NA	1	2	3	4	5
Defending Principles	NA	1	2	3	4	5
Awareness	NA	1	2	3	4	5
Starting Attack	NA	1	2	3	4	5

Decision Making	NA	1	2	3	4	5
Support	NA	1	2	3	4	5
Speed of Thought	NA	1	2	3	4	5
Organization	NA	1	2	3	4	5

**Comments:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**PHYSICAL** Aspects that increase performance

Speed	NA	1	2	3	4	5	Jumping	NA	1	2	3	4	5
Acceleration	NA	1	2	3	4	5	Coordination	NA	1	2	3	4	5
Agility	NA	1	2	3	4	5	Balance	NA	1	2	3	4	5
Quickness	NA	1	2	3	4	5	Work Rate	NA	1	2	3	4	5
Strength	NA	1	2	3	4	5	Toughness	NA	1	2	3	4	5

**Comments:** \_\_\_\_\_

**MENTAL** Aspects to develop intelligent and mentally strong players

Attitude	NA	1	2	3	4	5	Determination	NA	1	2	3	4	5
Commitment	NA	1	2	3	4	5	Discipline	NA	1	2	3	4	5
Communication	NA	1	2	3	4	5	Motivation	NA	1	2	3	4	5
Competitiveness	NA	1	2	3	4	5	Respect	NA	1	2	3	4	5
Concentration	NA	1	2	3	4	5	Self Confidence	NA	1	2	3	4	5
Cooperation	NA	1	2	3	4	5	Self Control	NA	1	2	3	4	5

**Comments:** \_\_\_\_\_

**FOCUS FOR FUTURE**

---

---

---

---

---

---

---

---

---

---

