

NAME: _____ **DATE:** _____

AGE GROUP: _____ **TEAM:** _____ **SEASON:** Fall Spring 20_____

1: Poor 2: Needs Improvement 3: Average 4: Good 5: Great

TECHNICAL The ability to efficiently perform a skill or soccer specific movement

Passing

Short Passing	NA	1	2	3	4	5
Long Passing	NA	1	2	3	4	5
Receiving	NA	1	2	3	4	5
Weak Foot	NA	1	2	3	4	5
Crossing	NA	1	2	3	4	5
Vision	NA	1	2	3	4	5

Dribbling

1v1 Attacking	NA	1	2	3	4	5
Ball Control	NA	1	2	3	4	5
Composure	NA	1	2	3	4	5
Turning	NA	1	2	3	4	5
Running with Ball	NA	1	2	3	4	5
Creating Separation	NA	1	2	3	4	5

Shooting

Ball Striking	NA	1	2	3	4	5
Finishing	NA	1	2	3	4	5
Long Shots	NA	1	2	3	4	5
Shot Power	NA	1	2	3	4	5
Weak Foot	NA	1	2	3	4	5

Defending

1v1 Defending	NA	1	2	3	4	5
Tackling	NA	1	2	3	4	5
Marking	NA	1	2	3	4	5
Interceptions	NA	1	2	3	4	5
Heading	NA	1	2	3	4	5

Comments: _____

TACTICAL Actions performed by player/group to take advantage of an opponent

Decision Making	NA	1	2	3	4	5	Transition	NA	1	2	3	4	5
Attacking Principles	NA	1	2	3	4	5	Speed of Play	NA	1	2	3	4	5
Defending Principles	NA	1	2	3	4	5	Movement Off Ball	NA	1	2	3	4	5
Creating Space	NA	1	2	3	4	5							

Comments: _____



PHYSICAL Aspects that increase performance

Speed	NA	1	2	3	4	5	Strength	NA	1	2	3	4	5
Acceleration	NA	1	2	3	4	5	Jumping	NA	1	2	3	4	5
Agility	NA	1	2	3	4	5	Work Rate	NA	1	2	3	4	5
Quickness	NA	1	2	3	4	5	Toughness	NA	1	2	3	4	5
Endurance	NA	1	2	3	4	5							

Comments: _____

MENTAL Aspects to develop intelligent and mentally strong players

Attitude	NA	1	2	3	4	5	Determination	NA	1	2	3	4	5
Commitment	NA	1	2	3	4	5	Discipline	NA	1	2	3	4	5
Communication	NA	1	2	3	4	5	Motivation	NA	1	2	3	4	5
Competitiveness	NA	1	2	3	4	5	Respect	NA	1	2	3	4	5
Concentration	NA	1	2	3	4	5	Self Confidence	NA	1	2	3	4	5
Cooperation	NA	1	2	3	4	5	Self Control	NA	1	2	3	4	5

Comments: _____

FOCUS FOR FUTURE

