



2023/2024

INFO GUIDE

INSIDE COLUMBUS EXPRESS SOCCER CLUB

SECTION A

ABOUT US



ABOUT COLUMBUS EXPRESS

For over forty-five years, Columbus Express Soccer Club has been instrumental in local soccer development, providing players with Indiana's Premier Soccer Experience.

Columbus Express is a 501(c)3 Non-Profit Organization located in Columbus, Indiana. The club has helped develop young players from Indiana and bordering states. Express programming for boys and girls has been instrumental in creating positive experiences. Our club methodology and curriculum have been demonstrated to improve a player's soccer skill, soccer understanding, athleticism, and mentality.

OUR VISION

To prepare youth for the future by developing important life skills through the game of soccer.

OUR MISSION

To build on CESC's rich history and be the best soccer club in south central Indiana by attracting a diverse group of young players, utilizing player-centered instruction, and maintaining a culture of excellence and inclusivity, all of which positively impact our players, families, and communities.

OUR PHILOSOPHY

Provide Every Opportunity to Improve

CLUB VALUES

- ★ Education
- ★ Discipline
- ★ Relationships
- ★ Effort

CLUB KEY COMPONENTS

- ★ Player Development
- ★ Coaching
- ★ Parent Engagement
- ★ Competition



RICHARD WIGH SOCCER COMPLEX

1647 Whitney Ct, Columbus, IN 47203

Richard Wigh Soccer Complex is the proud home of CESC. Richard Wigh Soccer Complex boasts well-manicured grass fields in a location ideal to host a large number of matches. CESC has hosted Indiana State Cup in past years at the facility.



NEXUS PARK

2380 25th St, Columbus, IN 47201

Through partnerships and collaboration with Columbus Parks & Recreation and the City of Columbus, Columbus Express will be a primary user of Nexus Park starting in 2024. Nexus Park will feature a full-field 120×80 Yard synthetic surface and four hard-courts available for futsal.



BCSC SOCCER COMPLEX

1585 Poshard Dr, Columbus, IN 47203

Columbus Express teams have access to the BCSC Soccer Complex which is adjacent to Richard Wigh Soccer Complex. The facility is also utilized by local high school and college teams in the fall and boasts an artificial turf surface of 120×80 yards and LED lighting.

COLUMBUS EAST HIGH SCHOOL

230 S Marr Rd, Columbus, IN 47201

Columbus East High School has hosted Express trainings and games outside on the artificial turf surface and inside in the gymnasium for futsal.

CERALAND

3989 S 525 E, Columbus, IN 47203

Ceraland hosts Columbus Express futsal training. The location is a few minutes outside of the city of Columbus and features two indoor futsal surfaces that allow our players to improve during the winter months.

A

LEADERSHIP CONTACTS

TY SMITH

Director of Coaching | ty@columbusexpress.com

Indiana Soccer Club Director of the Year, 2020

US Soccer B License

US Soccer DOC License

US Soccer Instructor License

United Soccer Coaches Premier Diploma

DREW LITTLE

Seniors Director | drew@columbusexpress.com

US Soccer C License

SAM LAVELLE

Juniors Director | sam@columbusexpress.com

US Soccer D License

RACHEL HUTCHINSON

Girls Academy Director | rachel@columbusexpress.com

US Soccer D License

EJ YOUNG

Boys Academy Director | ej@columbusexpress.com

US Soccer Grassroots License

JENNY CARLSON

Club Administrator | jenny@columbusexpress.com

Indiana Soccer Club Administrator of Year, 2022

To contact our Board of Directors, contact board@columbusexpress.com



SECTION B
PROGRAMS



Our programs are designed to benefit all athletes that participate at Columbus Express Soccer Club. Through a strategically planned curriculum, informed and educated coaching, and adaptive techniques, we strive to provide our athletes with the best possible environment for growth and improvement.



B

BIRTH YEAR MATRIX

US Youth Soccer operates using a birth year model where players are grouped according to the year they are born.

Use this matrix to find the age group and play format for a particular birth year based on the season/year.

| BIRTH YEAR | FALL 2023 - SPRING 2024 | FALL 2024 - SPRING 2025 | FALL 2025 - SPRING 2026 |
|------------|-------------------------|-------------------------|-------------------------|
| 2005 | SENIORS 19U (11V11) | | |
| 2006 | SENIORS 18U (11V11) | SENIORS 19U (11V11) | |
| 2007 | SENIORS 17U (11V11) | SENIORS 18U (11V11) | SENIORS 19U (11V11) |
| 2008 | SENIORS 16U (11V11) | SENIORS 17U (11V11) | SENIORS 18U (11V11) |
| 2009 | SENIORS 15U (11V11) | SENIORS 16U (11V11) | SENIORS 17U (11V11) |
| 2010 | JUNIORS 14U (11V11) | SENIORS 15U (11V11) | SENIORS 16U (11V11) |
| 2011 | JUNIORS 13U (11V11) | JUNIORS 14U (11V11) | SENIORS 15U (11V11) |
| 2012 | JUNIORS 12U (9V9) | JUNIORS 13U (11V11) | JUNIORS 14U (11V11) |
| 2013 | JUNIORS 11U (9V9) | JUNIORS 12U (9V9) | JUNIORS 13U (11V11) |
| 2014 | ACADEMY 10U (7V7) | JUNIORS 11U (9V9) | JUNIORS 12U (9V9) |
| 2015 | ACADEMY 9U (7V7) | ACADEMY 10U (7V7) | JUNIORS 11U (9V9) |
| 2016 | PRE-ACADEMY 8U (4V4) | ACADEMY 9U (7V7) | ACADEMY 10U (7V7) |
| 2017 | PRE-ACADEMY 7U (4V4) | PRE-ACADEMY 8U (4V4) | ACADEMY 9U (7V7) |
| 2018 | | PRE-ACADEMY 7U (4V4) | PRE-ACADEMY 8U (4V4) |
| 2019 | | | PRE-ACADEMY 7U (4V4) |

CESC's Pre-Academy program is focused on improving motor skills and soccer skills. The Pre-Academy is for boys and girls ages 7 to 8 and plays within a 4v4 format. Training is two times a week with one match day per week. Training is designed to maximize ball touches while keeping the young players engaged and energized.

PRE-ACADEMY DETAILS

Birth Year & Format: 2016, 2017 - 4v4

Fees: \$550 (August - June)

Financial Assistance & Custom Payment Plans Are Available

In-Season Team Training: 2 Sessions Per Week

Indiana Soccer League Matches (4v4)

One Tournament

Player Evaluations

Individual Development Plans

Travel Expectations: In-State / Locally

| AUG | SEP | OCT | NOV | DEC | JAN | FEB | MAR | APR | MAY | JUN | JUL |
|-------------|-----|-----|-----------------|-----|-----|-----|---------------|-----|-----|-----|-----|
| FALL SEASON | | | WINTER TRAINING | | OFF | | SPRING SEASON | | | OFF | |

The Academy is a learning-centered program focused on building techniques, coordination, motor skills, and a proper foundation for sport success. The Academy's goal is to instill proper soccer technique for young players to advance and grow through the game.

ACADEMY DETAILS

Birth Year & Format: 2014, 2015 - 7v7

Fees: \$920 (August - June)

Financial Assistance & Custom Payment Plans Are Available

Fees Do Not Include Uniforms or Additional Tournaments / Events

In-Season Team Training: 2 Sessions Per Week

Winter Training Sessions

Indiana Soccer League Play (7v7)

One Tournament

Player Evaluations

Individual Development Plans

Travel Expectations: In-State / Locally

| AUG | SEP | OCT | NOV | DEC | JAN | FEB | MAR | APR | MAY | JUN | JUL |
|-------------|-----|-----|-----------------|-----|-----|-----------------|---------------|-----|-----|-----|-----|
| FALL SEASON | | | WINTER TRAINING | | OFF | WINTER TRAINING | SPRING SEASON | | | OFF | |

CESC's Junior program for 11-14 year olds is a competitive environment geared towards developing a player's attributes within the team. Junior Team players will be learning the roles, traits, attributes, skills, decisions, and demands needed to be a high-achieving player in both 9v9 and 11v11 systems.

JUNIORS DETAILS

Birth Years & Formats: 2010, 2011 - 11v11 2012, 2013 - 9v9

Fees: \$1730 (August - June)

Financial Assistance & Custom Payment Plans Are Available

Fees Do Not Include Uniforms or Additional Tournaments / Events

In-Season Team Training: 2 Sessions Per Week

In-Season Speed / Power / Functional Training: 1 Session Per Week

In-Season Goalkeeper Training: 1 Session Per Week

In-Season Classroom Sessions: 1 Session Per Month

Winter Futsal Training: 2 Sessions Per Week

League Play & State Cup Tournament Series

Two Tournaments

Player Evaluations

Individual Development Plans

Travel Expectations: Orange Teams: In-State / Regionally (Multi-State)

Travel Expectations: Blue Teams: In-State / Locally

| AUG | SEP | OCT | NOV | DEC | JAN | FEB | MAR | APR | MAY | JUN | JUL |
|-------------|-----|-----|-----------------|-----|-----|-----------------|---------------|-----|-----|-----|-----|
| FALL SEASON | | | WINTER TRAINING | | OFF | WINTER TRAINING | SPRING SEASON | | | OFF | |

Senior Teams at Columbus Express Soccer Club are put through a program where they will be pushed and driven in a competitive environment with the focus on earning results, maximizing strengths, and minimizing weaknesses. A key focus of the Senior Teams will be on high-level performance, preparation to win, and being problem-solvers.

STANDARD SENIORS DETAILS

Birth Years & Formats: 2005, 2006, 2007, 2008, 2009 - 11v11

Fees: \$1,000 Standard Teams (November - June)

Financial Assistance & Custom Payment Plans Are Available

Fees Do Not Include Uniforms or Additional Tournaments / Events

College Recruiting Resources & Advocacy

In-Season Team Training: 2 Sessions Per Week

In-Season Speed / Power / Functional Training: 1 Session Per Week

In-Season Goalkeeper Training: 1 Session Per Week

In-Season Classroom Sessions: 1 Session Per Month

Winter Team Training: 2 Session Per Week

League Play

Player Evaluations

Individual Development Plans

One Tournament or Showcase

Travel Expectations: Orange Teams: In-State / Regionally (Multi-State)

Travel Expectations: Blue Teams: In-State / Locally

GLC / SHOWCASE SENIORS DETAILS

Birth Years & Formats: 2005, 2006, 2007, 2008, 2009 - 11v11

Fees: \$1,400 Standard Teams (November - June)

Financial Assistance & Custom Payment Plans Are Available

Fees Do Not Include Uniforms or Additional Tournaments / Events

All features of the Standard Senior fees, with addition of:

Great Lakes Conference Play & State Cup Tournament Series

Two Tournaments or Showcases

Travel Expectations: In-State / Regionally (Multi-State) / Nationally

| AUG | SEP | OCT | NOV | DEC | JAN | FEB | MAR | APR | MAY | JUN | JUL |
|--------------------|-----|-----|-----------------|-----|-----|-----------------|---------------|-----|-----|-----|-----|
| HIGH SCHOOL SOCCER | | | WINTER TRAINING | | OFF | WINTER TRAINING | SPRING SEASON | | | OFF | |

B**FEE COMPARISONS**

Columbus Express proudly strives to provide our club membership with affordability and quality in regard to fees and training. While we could offer more tournaments and items others perceive as benefits, we feel that our programming is exactly what is needed for an emerging and competitive player. No fluff or filler. Only the necessities.

Columbus Express is an affordable option when in comparison with clubs of similar player numbers in Indiana and in US Soccer's Great Lakes Conference.

| FORMAT | EXPRESS | CLUB A | CLUB B | CLUB C | CLUB D | CLUB E |
|--------|---------|---------|---------|---------|---------|---------|
| 7U | \$550 | \$550 | N / A | \$950 | \$1,300 | \$600 |
| 8U | \$550 | \$550 | N / A | \$950 | \$1,300 | \$800 |
| 9U | \$920 | \$1,200 | \$1,150 | \$1,370 | \$1,660 | \$800 |
| 10U | \$920 | \$1,200 | \$1,150 | \$1,370 | \$1,660 | \$1,800 |
| 11U | \$1,730 | \$1,800 | \$1,500 | \$2,320 | \$2,000 | \$2,000 |
| 12U | \$1,730 | \$1,800 | \$1,500 | \$2,320 | \$2,000 | \$2,200 |
| 13U | \$1,730 | \$1,800 | \$1,750 | \$2,320 | \$2,000 | \$2,600 |
| 14U | \$1,730 | \$1,800 | \$1,750 | \$2,320 | \$2,000 | \$2,600 |
| 15U | \$1,000 | \$1,200 | \$1,200 | \$2,300 | \$1,900 | \$2,400 |
| 16U | \$1,000 | \$1,200 | \$1,200 | \$2,300 | \$1,900 | \$2,400 |
| 17U | \$1,000 | \$1,200 | \$1,200 | \$2,300 | \$1,900 | \$2,400 |
| 18U | \$1,000 | \$1,200 | \$1,200 | \$2,300 | \$1,900 | \$2,400 |
| 19U | \$1,000 | \$1,200 | \$1,200 | \$2,300 | \$1,900 | \$2,400 |

Notes:

- CESC 15U-19U Showcase teams not included at \$1,400.
- Prices from Clubs A, B, C, D, & E are from past 2022-2023 Prices

B

UNIFORMS



The 2023-2024 season will introduce new Adidas uniforms for CESC. The uniform cycle is for two full years (Fall 2023 - Spring 2025) and is consistent for all CESC teams from Pre-Academy to Senior teams. Players are required to purchase the entire uniform package (in photo) from TeamHubSports, a division of Soccer Village.

Note: Goalkeepers will be required to purchase a different game uniform. Any goalkeepers that want to play as a field player must purchase a field player uniform.



WWW.COLUMBUSEXPRESS.COM